

Rotary (1)

DISTRICT 9600 QUEENSLAND AUSTRALIA

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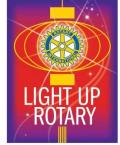
### THE FOUR-WAY TEST

Of the things we say and do:

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build goodwill and better friendships?
- 4. Will it be beneficial to all concerned?







ROTARY SERVICE Above Self

P.O. Box 60, MARGATE President: Ashley Broad – Mob: 0419 793 353

Secretary: Garry Gibson - Email: rckipparing@gmail.com

NIID MEETS: Event Wednesday C 15 pm for C 45 pm a

CLUB MEETS: Every Wednesday 6.15 pm for 6.45 pm start
Belvedere Hotel - Oxley Ave & Woodcliffe Cres, Woody Point

# This Day In History

### **OCTOBER 8**

- 1818 Oxley discovers and names Port Macquarie.
- 1939 Australian actor and comedian, Paul Hogan, is born.
- 1982 Cats opens on Broadway and runs for nearly 18 years before closing on September 10, 2000.

2011 - With an unbeaten run of 14 wins, Australian mare Black Caviar ties the horse racing record for consecutive victories set by Phar Lap

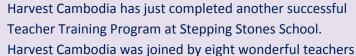
### RC KIPPARING gets to know our very own SHERIN CHAU



Sherin Chau has indeed had a very interesting and varied career path. As a policewoman she did undercover covert operations.. dealt with child abuse cases.. Sherin was a flight attendant with 3 different airlines.. worked on Big Brother.. was a restauranteur on Magnetic Island.. and now runs her own flourishing business as Owner/Photographer at House Guru Real Estate Photography/Brisbane North.

Rotary is privileged to have Sherin as one of our members as she displays all the qualities to which we should aspire! Thank you Sherin for a wonderful insight into your professional career.

Tonight, Sue Turner from Grace Lutheran College talks about her visit to the Harvest Cambodia project.



from Australia who ran teacher training workshops for two weeks. For the first time, H.C. will extend their training program to the teachers from four local government schools!

Our very good friend from Grace Lutheran College, Sue Turner has recently returned from a trip to Cambodia; and will enlighten us tonight about the marvellous progress to date of this wonderful project..



# CLUB ROSTER - IF YOU ARE UNABLE TO CARRY OUT YOUR REQUIRED DUTIES, PLEASE ASK ANOTHER MEMBER TO FILL IN FOR YOU ON THE NIGHT



### TONIGHT -

WEDNESDAY 8th October – SUE TURNER – Re: Visit to Harvest Cambodia facilities.

WEDNESDAY 15<sup>th</sup> October – Pride Of Workmanship Awards Night WEDNESDAY 22<sup>nd</sup> October – Green Tree Frog Restaurant – Debate night V. RC STAFFORD - "Climate Change – FACT!" *No way, José*!!! WEDNESDAY 29<sup>th</sup> October – Club Night and Board Meeting SATURDAY 1<sup>ST</sup> NOVEMBER – ROTATING DINNER - REDCLIFFE

Date ►	8 Oct	15 Oct	22 Oct	29 Oct
Duty ▼				
Chair	Colleen	Colleen	Colleen	Colleen
Duty	Matt	Garry	Matt	Matt
Host	John	Matt	John	XXXXXXX
Thanks	Doug	Doug	Doug	XXXXXXX
NOTES	Sue Turner re:Visit to Harvest Cambodia	Pride of Workmanship Awards Night	Green Tree Frog - Grace College- Debate	Club Meeting & Board Meeting





### **ROBERT PENNICOTT** — Tasmanian of the year 2012

Bruny Island resident **Robert Pennicott** is recognised under the theme, A Helping Hand, The Aussie Way, for cofounding the Tasmanian Coast Conservation Fund and establishing the Pennicott Foundation to make Tasmania, and the world, a better place.

In 2007, Robert cofounded the Tasmanian Coast
Conservation Fund to protect Tasmania's coastline and its
native wildlife, injecting \$100,000 of his own money into the
venture. These funds enabled a feral species to be eradicated
from Tasman Island, giving native birds the chance to thrive.
Driven to help others, last year Robert founded the Pennicott
Foundation to raise money for local and international causes.
His first mission was sailing around Australia in a 17-foot
yellow dinghy to raise funds and awareness for polio.
Surviving on just five hours sleep a night, Robert raised
\$288,000 to help wipe out the disease worldwide. A Bruny
Island-based boat tour operator, Robert donates one-quarter
of his profits to numerous local projects and charities.
Whether he's on land or at sea, Robert is committed to giving
future generations of Tasmanians a better place to live.

Robert Pennicott is a member of the Kingston Rotary Club.





### THE ROTARY CLUB OF NAURU

RI DISTRICT 9600

### The Rotary Club of NAURU

The current Rotary Club of Nauru was chartered on 28th September 2010. The club meets at 7pm on Wednesday evenings at the University of South Pacific Patio. Current membership is 8.

The island originally belonged to Germany, and after changing hands three times 'in the first fortnight of the war' was finally allotted to Australia as mandated territory. The island was very rich in phosphates, a most necessary product in the agricultural development of Australia, and it was on this fact its prosperity depended. There was enough phosphate on the island to supply the world for 400 years at the rate of 1,000,000 tons a year.

Fellows and guests, ....please be upstanding and raise your glasses to the Rotary Club of Nauru.







### WHAT IS HAT DAY?

Friday October 10 is Hat Day, the fun-draising day where you wear a hat and make a donation to help shine a light on mental illness in Australia.

Simply register your Hat Day here on our website. It could be for your company, club, sport team, friends, family – whatever!

Your very own Hat Day event page will be set up where people can make a donation to this wonderful cause. You'll be able to set a 'Hat's Off' target to reach and watch the progress.

So share the link to your page and let everyone know early that they can donate online at any time they're feeling generous, not only on Hat Day.

100% of the money raised for Hat Day goes to research into helping those affected by depression, anxiety, schizophrenia and many other illnesses.

Hat Day is an initiative of Australian Rotary Health, one of the largest non-government funders of mental illness research in Australia.

Hat Day 2014 is to be the springboard to launch a new national initiative focused on the prevention of mental health disorders.

### **GET INVOLVED!**



### PREVENTING MENTAL HEALTH ISSUES

Pregnancy & early childhood is the best time for mental health prevention

Smoking in pregnancy increases the risk of a child developing MH problems

80% of women with perinatal depression had mental health issues in their adolescence

Promote positive message to parents – there is too much negativity

Don't fight in front of kids - Aggression creates aggression

There is a strong association between poor diet/lack of exercise and increase in mental health problems

Delay as long as possible allowing teens to drink alcohol (don't introduce alcohol at home

When you retire - take on voluntary work - Join a club

Risk factors in young people are diet, sleep patterns, bullying, alcohol & drug use

Personality type is a risk factor for dementia – Be Happy! (personality is not fixed)

Brain games are good and increase brain activity - long term benefits

Don't take a sea change or country change, it lasts only until ill health sets in .. If you want to move closer to your children, ask them first



"On World Sight Day, International Association for the Prevention of Blindness members work together to: \* Raise public awareness of blindness & vision impairment as major international public health issues. \* Influence Governments/Ministers of Health to participate in and designate funds for national blindness prevention programmes. \* Educate target audiences about blindness prevention, about VISION 2020 and to generate support for VISION 2020 programme activities.

Approximately 285 million people worldwide live with low vision and blindness ... Of these, 39 million people are blind and 246 million have moderate or severe visual impairment 90% of blind people live in low-income countries... Yet 80% of visual impairment is avoidable - i.e. readily treatable and/or preventable.

### 11 October 2014



World Hospice and Palliative Care Day is a day of action to support and celebrate hospice and palliative care worldwide. Every year, the day is observed on the second Saturday of October and Voices for Hospices observed on the same date every two years.

This year, World Hospice and Palliative Care Day and Voices for Hospices is on 11th October, 2014.

Hospice care is a team-oriented approach to medical care expert, pain management, and emotional support

specially tailored to the patient's needs and wishes. Palliative care broadens the principles of hospice care that could be beneficial for the people receiving such care in their disease or illness.

### VALE CHARLES MILDWATERS

We regret to advise that Charles passed away whilst on holiday in New Zealand, aged 90. Charles was a Rotarian for over 30 years who was a very active member of RC Batavia Coast and then RC Kippa-Ring during the late 1990's; where he was awarded a Paul Harris fellowship in 1998.

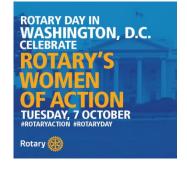
He was also Mayor of Geraldton from 1972 – 1977. Sincere condolences to his wife Roslyn, members and friends of the Mildwaters family from his Rotary family.

RC Kippa-Ring's 16<sup>th</sup> inbound YEP student Ayumi Kamiya (2007-08) from Japan is going to be in Brisbane later on in the year.. Watch this space for further details as they come to hand.

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OCTOBER 22..Green Tree Frog Restaurant
@ Grace Lutheran College
Our team is Garry Gibson, John Lloyd and Doug Morris

# Walk for Kids

"it's 100k's in only 2 days!!"









The 2014 Walk For Kids campaign culminated in a function at the completion of their annual Charity Golf Day at the Redcliffe Golf Club last Friday. Prime mover of this campaign – RC Kippa-Ring Rotarian Matt Roue is seen at left handing over cheques to Mater Foundation representatives Simon Porter and Sarah Nelson; along with PCYC Deception Bay representative Sergeant Jeremy Arato.
21 teams of 4 entered the Charity Golf Day .. whilst members of the RC Kippa-Ring did the BBQ and various fundraising activities.. Special mention to

members of the RC Kippa-Ring did the BBQ and various fundraising activities.. Special mention to the following Club members and family who provided invaluable contributions throughout the campaign.. Ashley and Sue Broad, Narelle and Tenesha Roue, Daisy Bolton, YEP Exchange student Nina Weber, Shezzy Chau, Matt Roue and of course all of our Club members and family/friends who attended any of this years' functions. Funds raised will purchase a "Kanmed" babybed for the Neonatal Unit at the Mater Hospital which offers the best care for premature and newborn babies.





Celebrating a bunker!













### LESSONS IN ROTARY GEOGRAPHY

- Were you aware that the Rotary Club of Reno, Nevada, is farther west than the Rotary Club of Los Angeles, California?
- Would you guess that the meetings of the Rotary Club of Portland, Maine, are farther south than those of the clubs in London, England?
- Can you imagine that the Pensacola, Florida, Rotary Club is west of the Detroit, Michigan, club?
- It's a fact that the Cairo, Illinois, Rotary Club is south of Richmond, Virginia.
- There are 69 Rotary clubs with the word "Tokyo" in their club names.
- The Rotary Club of Nome, Alaska, lies west of the club in Honolulu, Hawaii, and the Santiago, Chile, club is located east of the Rotary Club of Philadelphia, Pennsylvania.
- Rotary geographers will know that virtually every Rotary club meeting in Australia is east of the Hong Kong Rotary Club.
- What do the Rotary clubs of Quito, Ecuador, Libreville, Gabon, Singapore, and Kampala, Uganda, have in common? You guessed right if you said they all meet approximately on the equator.
- There are many interesting relationships and things to learn as you become acquainted with the 34,300 clubs in the wide world of Rotary.



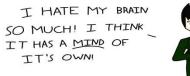
### **ROTARY CLUB OF KIPPA-RING**

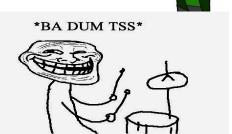
WEDNESDAY 15TH OCTOBER, 2014

AT BELVEDERE HOTEL FROM 6.30 P.M.



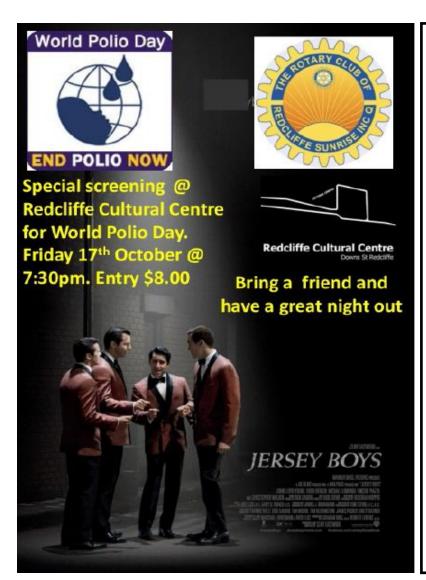
Kippa's
"Ribticklers"
of the week





## THESE ARE TOP TEN ENTRIES TO A COMPETITION ASKING FOR A TWO-LINE RHYME WITH THE MOST ROMANTIC FIRST LINE, AND THE LEAST ROMANTIC SECOND LINE:

- 1. My darling, my lover, my beautiful wife, marrying you has screwed up my life.
- 2. I see your face when I am dreaming, that's why I always wake up screaming.
- 3. Kind, intelligent, loving and hot, this describes everything you are not.
- 4. I thought that I could love no other, that is until I met your brother.
- 5. Roses are red, violets are blue, sugar is sweet, and so are you, but, the roses are wilting, the violets are dead, the sugar bowl's empty and so is your head.
- 6. I want to feel your sweet embrace, but don't take that paper bag off your face.
- 7. I love your smile, your face, and your eyes, Damn, I'm good at telling lies!
- 8. My love, you take my breath away, What have you stepped in to smell this way?
- 9. What inspired this amorous rhyme? two parts vodka, one part lime.
- 10. Love may be beautiful, love may be bliss, but once I got to know you .. I gave you a miss!







#### R.C. Brisbane Planetarium

Invites you to breakfast on Thursday 13th November

Salvation Army Recovery Services - Moonyah

68 Glen Rosa Rd Red Hill. 7 am for 7.15 start – 8.30 am.

Cost \$20 (parking is limited so suggest you car pool)

After breakfast you'll have the opportunity to walk through the newly completed building. This has only been achieved through your support and generous donations to help us to raise \$750,000 in just 3 years.

RSVP No later than: Tues 11 Nov:

Michelle Davis 0433 152063 or michelle@justimagineworldwide.com.au

\* Project Now - Nurturing our Women is an initiative of the RC of Brisbane Planetarium to raise \$750,000 in 3 years (2010 - 2013) to build a residence for women recovering from addiction to undertake the Bridge Program run by the Salvation Army







### THE ROTARY CLUB OF KIPPA RING

cordially invites

### to the 10th Anniversary of our CHARTER PRESENTATION

Thursday 18th February, 1988 7.00 pm for 7.30 pm GOLDEN OX RESTAURANT 330 Oxley Avenue, Margate

R.S.V.P. 8th FEBRUARY

PHONE: 284 4914 (Bus.)

\$20

203 7482 (Ahs.)

ADVERTISEMENT Redcliffe City Council



1987 FREEPS

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### DATES \* 1988 CELEBRATIONS

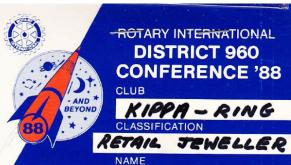
Freeps will be held at the Soundshell and Rotary Cascades, from 10 a.m. to 3 p.m.

# SUNDAY, SEPTEMBER 13, 1987 & SUNDAY, NOVEMBER 8, 1987

Join the celebrations in 1988:

- ★ Australia Day Tuesday, January 26, 1988, 10 a.m.-2 p.m. — Freeps style activities and Flag Raising Ceremony — Soundshell and Rotary Cascades
- ★ Birthday Freeps Sunday, March 6, 1988, 11 a.m. to 10 p.m. featuring WICKETY WAK/WITZEND and RAMBLERS SKYDIVERS at Bicentennial Reclamation Area, Woody Point
- Launch of the History of Redcliffe Publication Thursday, April 7, 1988 from 7.30 p.m. — Redcliffe Community Centre
- ★ Fun Run Freeps In conjunction with Rotary Club of Kippa-Ring — Sunday, May 29, 1988 at Bicentennial Reclamation Area, Woody Point
- \* Farewell to 1988 Freeps Sunday, November 6, 1988 10 a.m. to 3 p.m.

Citizens wishing to take part in any of the above activities — (e.g. buskers; clubs and organisations wishing to provide displays or demonstrations; multi-cultural groups, service groups wishing to cater food, drinks, ice creams; entertainers; arts and craftsmen) are invited to contact the City Librarian, Redcliffe City Council Library Service, Ms Carolyn Johnson, 283 0310.



HARRY

BIRD



