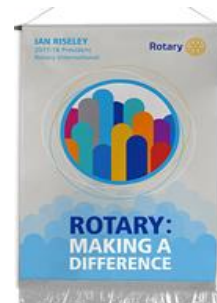


April 11, 2018



DISTRICT 9600 QUEENSLAND AUSTRALIA



IT COSTS \$0.00
TO BE A DECENT
HUMAN BEING.



Bulletin Editor:

Garry Gibson

P.O. Box 60, MARGATE Qld 4021 www.rotaryclubofkipparing.com

President: Colleen Caruana Secretary: Debbie El Saadi

Email: rotarykipparingsecretary@gmail.com

CLUB MEETS: Wednesdays from 6.00 pm @Rotary Office

Evergreen Centre, Unit 6 4-18 Discovery Drive, North Lakes

INSIDE THIS ISSUE:

- P1. President Message...**
- P2. Club Roster.. Intl Toast ..**
- Time to laugh..Club Calendar..**
- P3. What's On.. Nepal Project completed...**
- P4. Last Week in Review...**
- P5. Maternal & Child Health month...The \$2.00 coin man...**
- P6. Commonwealth Games fun facts...**
- P7. Australian Rotary Health...**
- 98. District 9600 conference**

OUR GUEST SPEAKER TONITE
Brooke Manning ..YEP-Brazil



The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



APR 11

1921 - First sports broadcast on the radio takes

place... 1957 - United Kingdom agrees to Singaporean self-rule... 1961- Bob Dylan makes his 1st appearance at Folk City, Greenwich Village.. 1966 Frank Sinatra records "Strangers in the Night" single for his album of the same name. Later reaches #1 Billboard charts... 1970 - Apollo 13 is launched... 1976 The Apple I computer, created by Steve Wozniak is released...



A Message from Our President



Thank you to our President Elect Jerry who gave us an insight into his past life where he came from and where his family is at today. We also got a snippet of what he learnt from his President's Elect Training.

Brooke Manning – rebound exchange student will join us this week showing us what experiences she had last year in Brazil.

We have our Board meeting next Tuesday, if you have anything that you would like the Board to discuss please email me rotarykipparingsecretary@gmail.com and following day Wednesday is our monthly club forum.

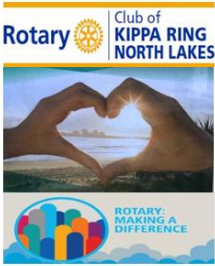
As previously mentioned/discussed our District Conference is coming up 20-22/04/18 more info inside this bulletin. Every member has paid to attend this conference only through your club annual fees, additional costs are meals only (and accommodation/travel if you wish to stay). There is a great line up of speakers, please consider attending any or all of the days. If you do intend to attend, you must register online through the district website.

Please don't forget to spread the word about our Club selling the Entertainment Books. I have Brisbane/Sunshine Coast area books in my car, however you can go online select our club and purchase the digital (mobile phone) app or even another state if you are travelling. Honestly you can get your purchase back in savings within the 1st 2 purchases, plus saving on accommodation to boot!

*** We are now selling the Entertainment Book for Brisbane/Sunshine Coast area. \$70.00 for either book (see Colleen for these) or you can purchase online digital/phone - <https://www.entertainmentbook.com.au/orderbooks/9a30268> . Online you can also purchase other states under the Clubs account and we will still receive the credit. For every book/digital our club will receive \$14.00 (plus \$70.00 for the free book they give the club). Have a look at the website. Have a great week ☺ Cheers for now *Colleen*

CLUB ROSTER - IF YOU ARE UNABLE TO CARRY OUT YOUR REQUIRED DUTIES, PLEASE ASK ANOTHER MEMBER TO FILL IN FOR YOU ****

Date ▶ Duty ▼			11 th April	18 th April	25 th April	2 nd May		
Chair			Fran	Fran	NO	Andreas		
Duty			Bernard	Bernard	MEETING	Col		
Host			Jerry	Jerry	ANZAC	John		
Thanks			Garry	Pat	DAY	Jerry		



TONIGHT'S GUEST SPEAKER
BROOKE MANNING
Our Club's 28th YEP Rebounder ... Back from Brazil

Chartered in 1957, the **Rotary Club of Port of Spain** (part of District 7030) is the oldest Rotary Club in **Trinidad & Tobago**. They meet **Tuesdays for lunch** and currently have **42 members** .. Trinidad & Tobago only yesterday won their 1st ever Commonwealth Games Gold medal! Ladies and Gentlemen, A toast to the **ROTARY CLUB OF PORT OF SPAIN!!**



- 18. April - Club Forum
- 20/21/22. April - District Conference - Maroochydhore
- 2. May - Visit to India by Colin Scobie (RC REDCLIFFE SUNRISE)
- 9. May - Hercules Road State School Chappy Nathan
- 16. May - Club Forum

What a *BOLTER!*

Usain Bolt, the Olympic gold medal runner, was on his way to a Gold Coast club with some friends. At the door, the bouncer turned to him and said: "Sorry, man, you can't come in here "no thongs." Hussein was quite annoyed at this and retorted: "Don't you know who I am?" "And just who would you be mate?" "I'm Usain Bolt." "Then it won't take you long to run home and change then, will it, mate?" replied the bouncer.

At an Olympic Games, a girl bumps into a man carrying an eight-foot-long metal stick. "Excuse me," says the girl to the man. "Are you a pole vaulter?" "Nein," says the man, "I'm German, but how did you know my name is Walter?"

Three Aussie soccer fans were bemoaning the sorry state of their football team. "I blame the Coach," said the first fan. "If he signed better players, we'd be a great team.""I blame the players," said the second fan. "If they some skills, we'd score some goals." "I blame my parents," said the third. "If I'd been born in Brazil or Italy, I'd be supporting a decent team."



Making a Difference Since 1977



Rotary Our Club's Longest serving members



SPECIAL MENTION:

Alan Male is a 50 year Rotarian (and PDG) whom we had the pleasure of sharing his last few Rotary years at our Club.



Lorraine Jeffery was Rotary Club of Kippa Ring's first female President elected in 2001-2.



NYSF

NATIONAL YOUTH SCIENCE FORUM

Rotary Clubs Australia wide select 300 senior High School students for a two-week science and technology experience with Canberra's leading scientific and tertiary institutions. The purpose is to foster greater knowledge of, and passion for, science, technology and personal development.



This program is highly sought after and with only three hundred places Australia wide applicants need to be of a very high standard. We have been very fortunate with the high standard of the applicants from Grace Lutheran College which has enabled them to be accepted... Over the past years some of the successful applicants have been Patrick Sykes 2009; Leith Simpson 2008; Nadia Rudzinskas 2006; Mark Mathews 2005; James Walker 2004; Rebecca Ambrose 2003; Brooke Simpson 1999 and Lee Ryman 1998, Emma Godfrey 2014, Sophie Mensforth 2015.



INTERNATIONAL DINNER Rotary Club Of Bribie Island

Come along and meet the Presidents Elect from the Rotary Clubs of Papua New Guinea, The Solomon Islands and Nauru .

To be held

at the

Sandstone Point Hotel

1800 Bribie Island Rd, Sandstone Point QLD 4511

on Thursday 19th April 2018

[night prior to District Conference]

Time 6.30 for 7.00pm

Cost \$45 per person

RSVP by Thursday 12th April 2018

[.....] Tickets at \$45 each

Total \$.....

Name:

Address: Club:

Electronic Transfer

or SEND CHEQUE TO

Account Name Rotary Club of Bribie Island

P O Box 285

BSB 124390

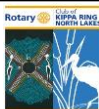
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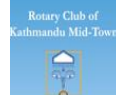
Queensland

[use your name as reference and email to let us know you have paid]

Any Questions to Mary Grant 0421529824 or email bribie@inet.net.au



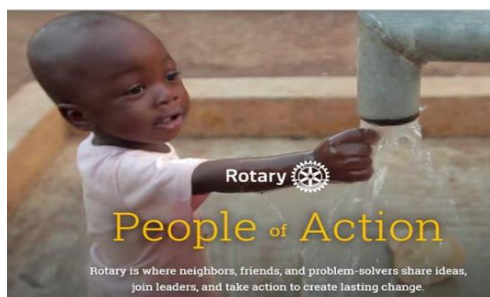
Nepal project completed!



The back story for this was a fundraising Trivia Night held at the Kippa Ring State School. Jayne Shannon (teacher) had travelled to Nepal a number of times and became involved with the 'Shree Bal vikas Samaj English Medium Basic School'. The Trivia Night raised approximately AUD3,500 to pay for flights for two Nepalese teachers from the school to observe the curriculum delivery at Kippa Ring State school. The R.C. of Kippa Ring-North Lakes had legal oversight of the Trivia Night and assisted Jayne Shannon in the organisation and promotion of the event.

Unfortunately Jayne Shannon's applications for Australian visas for the two Nepalese teachers were rejected. It was then decided that the funds raised should go towards upgrading the school's facilities and this would be determined by the school's principal Dhorje Tamang. The administration of the funds transfer was organised between **The R.C. of Kippa Ring-North Lakes** and **The R.C. of Kathmandu Mid-Town**.

So now .. there is a safe access for children to the Dada Gaun school near Kathmandu, Nepal.





Brazilian YEP student **Marcella Peixoto** at Australia Zoo... and with Host-Dads **Ashley Broad** and **Patrick Burke**...



Bernard misses out AGAIN!

Guest speaker last week was **Jerry Smith** (with wife **Di**)..We learnt a lot about Jerry (our President Elect).



Cella celebrated her 16th birthday last Sunday with The **Gibson's** and her YEP "sister" **Ghitty Pupillo** after coming home from the Commonwealth Games Beach Volleyball on the Gold Coast.. followed by a day at Mooloolaba Beach..The celebrations look set to continue this week-end when both YEP students head back to the Gold Coast again with **the Broads & the Gibsons** to see more of the Commonwealth Games.. **Happy Birthday Cella** from all your Rotary Club of Kippa Ring-North Lakes mates!



Did you know???

that 80% of maternal deaths could be prevented with access to reproductive health services and trained health care workers? Did you know that women in sub-Saharan Africa face a 1 in 39 lifetime risk of dying of pregnancy- or childbirth-related complications? Did you know that 222 million women who would prefer to delay or avoid childbearing lack access to safe and effective contraception? Did you know that 6.3 million children under the age of five die each year from diseases, malnutrition, poor health care, and inadequate sanitation? Startling statistics, but we as Rotarians can do something to change those numbers. This Focus Area—Maternal and Child Health—may be more challenging than some of the others because most of us do not have expertise in this area. We need to find and include Rotarians who are trained in maternal and newborn health care, such as midwives, obstetricians, and gynaecologists. We can also partner with local organizations that have expertise in maternal and child health. Of course, our projects in this area need to be sustainable so empowering the local community to take ownership of health training programs is essential.

What can we do? Suggestions from Rotary are numerous, but here are just a few. Provide birthing kits to health professionals. Provide information about and access to contraceptives. Support accredited training programs. Develop or support programs that provide immunizations and antibiotics. Prevent mother-to-infant HIV transmission. Promote good nutrition, and finally, include water, sanitation, and hygiene efforts in our projects.



6.3 million children under the age of five die each year from diseases, malnutrition, poor health care and inadequate sanitation.

Rotary Clubs around the world dedicate the month of April to making a difference in Maternal & Child Health. We are encouraged to take action in the following areas:

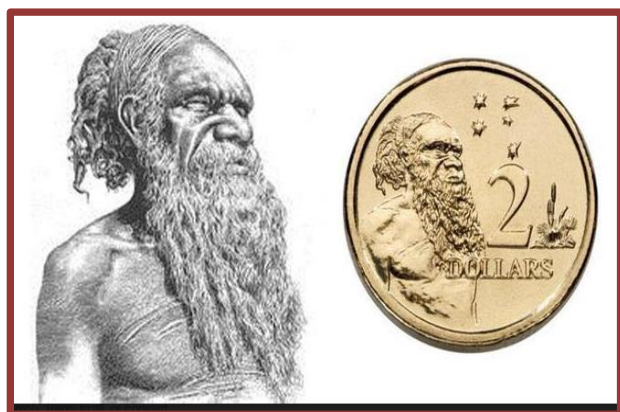
- Develop or support program that provide immunisations and antibiotics. Measles, malaria, pneumonia, AIDS and diarrhoeal diseases are the leading causes of death in children under five.
- Prevent mother-to-infant HIV transmission by

encouraging the use of antiretroviral drugs and formula feeding.

- Promote good nutrition, including encouraging breastfeeding for most infants.
- Include water, sanitation and hygiene efforts to maximise child nutrition. Diarrhoeal diseases caused by contaminated water exacerbate malnutrition in children.



This article.. courtesy of Rotarian Bernard van den Bergen



The man on the 2 dollar coins name is Gwoya Jungarai and he was one of the only survivors of one of the last recognised massacres of Aboriginal people, the 1928 Coniston Massacre in Central Australia.

Almost every Australian has seen his face , Next time you hold a 2 dollar coin in your hand take a minute to reflect on Gwoya Jungarai.

Gwoya Jungarai is also spelt Gwoya Tjungurrayi or Gwoya Djungarai he was a Walpiri-Anmatyerre man of the Northern Territory of Australia.

The design of the Australian two dollar coin was inspired by a drawing of Tjungurrayi by artist Ainslie Roberts in 1988.



BECOMING A CENTURION WITH POCKET CHANGE!

For a purchase cost of \$2 you can have your own Centurion Coin Collector. These collectors hold \$100 worth of \$2 coins, enough for anybody to become a Centurion, especially in this Centennial Year of the Foundation! Return the filled pole to your Club Foundation Chairman to have this credited to you as a tax deductible donation to the Foundation. New poles are available for \$0.60 each, which will assist the Foundation in continuing to do good work in the world.

10 Fun facts about the 2018 Gold Coast Commonwealth Games



- 1** The Gold Coast 2018 Commonwealth Games is the fifth time Australia has hosted a Commonwealth Games and GC2018 is the first one ever to be held in a regional Australian city.
- 2** This is the 21st time Australia will compete at a Commonwealth Games. We are one of only six countries who have competed at every Commonwealth Games since they officially began in 1930.
- 3** 'Share the Dream' is the official slogan for the Gold Coast 2018 Commonwealth Games and the mascot is a blue, surfing koala called Borobi. The word 'borobi' is an aboriginal term for koala.
- 4** During the Games, the Gold Coast will welcome over 10,000 athletes, officials and media, from 71 Commonwealth nations and territories.
- 5** The 2018 Gold Coast Commonwealth Games' Queen's Baton Relay is the longest one ever. The baton has travelled through the entire Commonwealth for 388 days and covered a colossal 230,000 kilometres.
- 6** The 2018 Gold Coast Commonwealth Games' emblem is inspired by the Gold Coast landscape and coastline. The colours represent the vibrancy and warmth this year's Games wants to instill in its competitors & visitors.
- 7** Featuring 18 sports and seven para-sports, GC2018 will feature the largest integrated sports program in Commonwealth Games history, and for the first time there'll be an equal number of men's and women's medals awarded at a Commonwealth Games.
- 8** Australia will take a total of 473 athletes to this year's Games with the majority participating in the athletics (109), swimming (70) and cycling (36). This is Australia's 2nd largest Games team ever after Melbourne 2006.
- 9** Aussie swimmers Emma and David McKeon will represent their country at a Commonwealth Games on home soil 36 years after their parents and uncle competed at their own home games! The brother and sister also competed at the Rio Olympics in 2016 and were the first siblings to swim for Australia at an Olympics since 1960.
- 10** At 11 years of age, Wales' Anna Hursey is the youngest person to compete at GC2018. Anna competed in the table tennis.



Trinidad and Tobago's FIRST EVER GOLD MEDAL in Commonwealth Games.. **Michelle-Lee Ahye** made history with a Gold Medal in the women's 100m final.



Rotary Youth Exchange Program students Brazilian **Marcella Peixoto** and Italian **Chiara Pupillo** mix it with our indigenous Aussie Beach Volleyballer (from Kingaroy).. **Taliqua Clancy** at Coolangatta Beach.



Dear Rotarian

Through the financial support of Rotary Clubs, Australian Rotary Health has been able to fund successful research to help people live full and productive lives.

The current emphasis on Mental Health research is to help the 20% of Australians who will face a Mental Health issue at some time during their lives. People in our Emergency Services, people we work with, people in our Clubs and Communities - our friends.

Through research grants your donation can help reduce the stigma these people face every day and importantly help them return to productive work and family life.

Following are some dot points briefly describing a few of the achievements of medical research in Australia funded by Australian Rotary Health.

- SIDS - The incidence of SIDS (cot death) was reduced by 80%
- Mental Health First Aid – a program now used in 22 countries to teach members of the public to recognise symptoms of mental health problems and how to give initial help.
- Cool Kids Program – 2 in 10 children experience anxieties, this world renowned program helps children and parents manage their children's fears and worries.
- Motor Neurone Disease - A simple urine test has been developed to detect and monitor the progression of motor neurone disease in patients.
- Lung Transplant Program – patients are achieving a 95% survival rate after 2 years and the number of deaths while on the waiting list has reduced from 29% to 3%.
- Youth Depression - A study has revealed that sleep problems precede depression episodes in adolescents therefore allowing early detection and intervention.
- Pancreatic Cancer - A current study has shown significant progress in reducing the growth and spread of pancreatic cancer.
- Diet - A recent study showed a link between 'western style' diets and depression. Foods including processed meats, pizza, chips, hamburgers, white bread, sugar, flavoured milk and beer were associated with depression and anxiety.

Your donation not only helps us get closer to effective mental illness treatment and prevention strategies, but as you approach the end of the Rotary Year you can recognise your Club members; board or Community Members who have made significant contributions in your town.

A Certificate and a pin will be sent to the club for each person named a level of Friend and Companions receive a framed certificate and a pin with either a ruby, emerald or diamond chip to recognise their contribution

For example, if your club donates \$1,000 to Australian Rotary Health, you may choose to nominate 2 members as a "Bronze Friend".

Contributions are cumulative and the following recognition levels are available:

Friends:

Friend - \$100
Bronze Friend - \$500
Silver Friend - \$1,000
Platinum - \$2,000
Diamond Friend - \$2,500

Companions:

Companion - \$5,000
Gold Companion - \$10,000
Ruby Companion - \$20,000
Emerald Companion - \$50,000
Diamond Companion - \$100,000

The recognition can be sent to your club for presentation at your Changeover.

Making the world a better place is what Rotarians do best, make a donation and [become a Friend or Companion today.](#)

To help you arrange the donation, please contact the team at Australian Rotary Health office on (02) 8837 1900 or admin@arh.org.au

If you would like to know more about how your donations are used or arrange for a Club guest speaker feel free to give the Director for your District Des Lawson a call on 0418 991 337 or deslawson@gmail.com

With best wishes,

Joy Gillett OAM
Chief Executive Officer
Australian Rotary Health



Australian Rotary Health
Supporting healthier minds, bodies and communities
through research, awareness and education



Royal Flying Doctor Service

Using the latest in aviation, medical and communications technology, the Royal Flying Doctor Service works to provide emergency medical and primary health care services to anyone who lives, works or travels in rural and remote Australia



The Queensland State Emergency Service (SES) is a "not-for-profit organisation" that shares its highly recognised name with the States and Territory State Emergency Service (SES) organisations throughout Australia. With approximately 6,200 active and unpaid members the Queensland SES performs a diverse range of functions to respond to local, State and National disasters and emergencies.

Rotary District 9600



District Governor John Lane & Bo invite you to the district conference, in Maroochydore at the beautiful Sunshine Coast, to share a world class venue and location. We invite you for fun and friendship, and to celebrate the 2017-2018 Rotary year, please join us. Friday welcome dinner will begin with a buffet and an exceptional speaker. Saturday will be filled with interesting presentations by renowned speakers, and in the evening, we will be revisiting the 1960s with a salute to Flower Power & Peace and dancing the night away (theme attire encouraged).

We are focusing on Peace & Conflict resolution and will have a number of Peace Fellows from the University of Queensland attending. Have the opportunity to chat with Rotarians from Papua New Guinea and the Solomon Islands, and be amazed at how diverse our Rotary district is.

The Rotary showcase/House of Friendship will highlight incredible humanitarian projects and our speakers, and will be open throughout the conference. Start your Sunday morning with a BBQ breakfast on the beach. Why not make this into a holiday?

Meet us in Maroochydore and be amazed!

Venue

Maroochydore RSL
Memorial Ave, Maroochydore

Further Information

Helene Bo Morse +61 0406 647 406
bomorse13@icloud.com

Rotary District 9600 Conference

Making a Difference Through Peace & International Service



April 20-22, 2018
Maroochydore RSL

Rotary District 9600

SPEAKERS

Dr. Emma Leslie AM

Centre for Peace & Conflict Studies



Emma is an Australian-Cambodian who has worked on conflict transformation and peacebuilding throughout Asia since 1993, including the International Campaign to Ban Landmines, the Working Group for Weapons Reduction in Cambodia and a number of peace initiatives.

She is currently the Executive Director of the Centre for Peace & Conflict Studies. In 2005, she was nominated for the Nobel Peace Prize and was awarded a Member of the Order of Australia in 2006.

Rhett Butler AM

SkyJuice

Rhett is Foundation Chairman of SkyJuice and also Chair of the Research Advisory Committee at National Centre of Excellence for Desalination (NCEDA).

Twenty years ago, Rhett saw many children in developing regions drinking polluted water. As a result, he developed a unique solution that uses Australian technology to provide world-class safe, potable water to remote, low-income communities for as little as 20 cents per person, per year.



Des Lawson

Dream Cricket



Des has been a Director of Australian Rotary Health since 2015. He is also the Australian Chair of Dream Cricket, which was initiated by Dr Roly Bigg of the Movement Disorder Foundation in concert with the Rotary Clubs of the Southern Highlands and the Bradman Foundation. The aim was to provide primary school students with special needs an opportunity to play cricket activities on Bradman Oval. The DreamCricket program has grown to encompass schools and children throughout Australia and internationally.

Rob Cook

Cattle Farmer



Left quadriplegic after a helicopter crash during a cattle muster, Rob has refused to let the difficulty in getting carers to his family's remote cattle station in the Northern Territory stop him from being a cattleman. He has relocated to Central Queensland and started an unusual new beef cattle venture, which includes running his own butcher shop.

Rob and his wife Sarah went from working the 400,000-hectare station in the NT, to a 2,000-hectare property at Bucca near Bundaberg.

Cathy Roth OAM

PALZ



Long-time Geelong community champion Cathy Roth, OAM has dubbed PALZ, a new network of support for Professionals with Alzheimer's and related diseases, as her next magnificent obsession. Cathy perceived her new mission after her husband John spoke at length about physics and universal mysteries then asked for a fifth time what they were doing the next day.

Alzheimer's Australia estimates more than 353,800 Australians have dementia and that 1.2 million people are involved in their care.

Sarah Brown

Purple House



The Purple House provides dialysis services to remote patients in the NT and Western Australia and started 14 years ago in Ms Brown's lounge room, but now employs 50 people and services more than eight remote communities throughout the NT and WA. The mobile dialysis unit is important because it means people can stay on country and receive treatment rather than travelling hundreds of kilometres away from their families for treatment in regional and urban centres.

